



ST. JOHN HEALTH FOUNDATION

Fall 2015

McQuadeTimes

Member Spotlight: Cytacki devotion began with NICU experience

Walter Cytacki is a loyal believer in St. John Hospital & Medical Center (SJHMC), and it is evident when he talks about the care his family has received there, starting with the birth of his son 26 years ago.



The Cytacki family: (standing) Michael and Alicia and (seated) Walt and Sally

After attending a cold, rainy U-M football game, Walt’s wife, Sally, went into labor two months early. Luckily the Cytackis came to SJHMC, where the Level III Neonatal Intensive Care Unit (NICU) is a leader in caring for critically ill and premature babies. At 4 pounds 11 ounces, Michael was a good size for being premature, but his lungs weren’t well developed.

“We almost lost Michael a few times, but the expert care provided by the NICU staff and technology allowed us to bring home a healthy son after 59 days in the NICU,” said Walt. “Michael is our miracle, and we consider the NICU our friend.”

Vision and hearing problems are possible complications from being treated with oxygen to help develop the lungs. As a baby, Michael was diagnosed with significant hearing impairment, leading him to use hearing aids; he also wears contacts. The Cytackis are grateful Michael doesn’t have serious health issues. As one of the NICU’s success stories, Michael is featured in photos as a preemie and a healthy adult in a NICU digital display.

After their NICU experience, the Cytackis began supporting SJHMC philanthropically. Walt joined THE GUILD while Sally joined the Fontbonne Auxiliary, volunteer organizations which raise funds for the hospital. Sally was a board member for the Fontbonne as well as for The Holley Institute, which is near and dear to the Cytackis’ hearts. This subsidiary of St. John Providence provides hearing screenings and programs for the deaf, deaf/blind, hard of hearing and their families; the Cytackis are ardent supporters of Holley, the NICU and Cardiology programs.

Their philanthropic example has extended to the Cytackis’ grown children; Michael is now a GUILD member and their daughter Alicia is a Fontbonne board member and Holley board member. Besides following their parents in charitable efforts, both children work with Walt at Michigan Marine Terminal in River Rouge, where he is President.

“It’s been nice watching St. John grow over the years as our family has grown,” Walt said. “Since our NICU experience,

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McQuade Reception honors members, highlights new programs

You—our McQuade Society members, the most loyal supporters of St. John Providence—were thanked for your investment and dedication at the annual McQuade Reception on Oct. 7 at the Country Club of Detroit. Guests mingled, enjoyed cocktails and hors d'oeuvres and were updated by Bob Hoban, Interim President, St. John Hospital & Medical Center (SJHMC), on accomplishments and initiatives taking place within the hospital and health system to better serve our community. Bob spoke about:

- the new Gretchen C. Valade Cardiovascular Outpatient Center and specialty clinics
- renovation of several hospital units on the 4th and 5th floor, part of a reconfiguration to make room for Select Medical's Long Term Acute Care Hospital
- the Ralph C. Wilson Jr. Acute Care of the Elderly Unit and the Ralph C. Wilson Jr. Senior Assessment for Independent Living Center in Grosse Pointe
- the Jerome F. Williams Gastric Cancer Program at the Van Elslander Center

Kevin Grady, MD, Chief Medical Officer, SJHMC, talked about the impact of the McQuade Society from a doctor's perspective and a personal one. Lastly, Karen and Matt Cullen shared their experiences with SJHMC and as members of the McQuade Society.

If you would like more information on any of the initiatives mentioned at the reception, please call the Foundation at 313-343-7480.



Mike and Nancy Timmis, with Pat and Steven Minnick, MD



Mona Gualtieri, Jane Nugent and Sharon Burke



Marlene and John Boll



Brian and Connie Demkowicz, Karen Cullen, and John and Mary Beth Jagger



Dan and Margaret Grady, Camille DeMario and Sharon Shumaker



Alex and Leslie Potter, with Mari and Joe Beals, MD



John Boll and Nancy Timmis



Camille Cracchiolo and Phyllis DeMars



Melodie Scherer, Lori Howenstein, Jane Nugent, Sharon Burke and Jackie Thoreson

New McQuade Society members

Please welcome the following new members to the McQuade Society. They joined our exclusive group of loyal benefactors between Oct. 4, 2014, and Oct. 15, 2015.

Dr. Karen Alton
Mrs. Barbara F. Bartley
Mrs. Marilyn T. Bartley
Mr. and Mrs. Mark D. Basile
Mr. Michael Cytacki
Mr. and Mrs. Ronald K. Dalby
Anthony and Victoria Kallabat
Mrs. Alicia Krall
Mr. and Mrs. Jason Krick

Mrs. Marilyn C. MacMillan
Mr. and Mrs. Anthony Ostosh
Frank W. Poma
Mr. and Mrs. Alex Potter
Mr. and Mrs. James Schroth
Craig Sherman and Maria Silamianos Sherman
Mr. and Mrs. Ralph Tenney
Mr. and Mrs. George C. Vincent

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we've had lots of healthcare at the hospital. Our three grandchildren—Caroline, Martin and William—were all born at St. John, and I recently had hip surgery there.”

In addition, three years ago, Walt had a bad fall in Florida, followed by a lengthy hospitalization there in which his condition wasn't improving. Deeply concerned, Sally called Beth Carter, McQuade Society Donor Relations Coordinator, for assistance in getting Walt transferred to St. John.

McQuade Society members since 2004, the Cytackis really learned the benefit of being members when Beth was instrumental in getting Walt to SJHMC for his care. Before leaving Florida, Walt had a room waiting for his arrival at St. John. A friend's private jet transported the Cytackis to Michigan; once they arrived at SJHMC, Walt was whisked into the Emergency Center, his assessment was expedited and he was admitted to a comfortable room.

“I can't say enough about the McQuade Society; Beth and the Foundation team are a dream,” Walt said. “Beth and Kelly Oliver are my 'go to' people when I need assistance at the hospital. It's a great service.”

Walt's experience with St. John and the McQuade Society and his friendship with and respect for Dr. Kevin Grady has led him to be a great advocate. Walt often refers friends and acquaintances to the hospital, its physicians and the McQuade Society.

“Dr. Grady puts his whole life, heart and soul into the hospital,” Walt said. “St. John and its doctors provide expert care, and the McQuade Society offers great personal service to members, helping us get to the right place for the right care.”

Walt's belief in the McQuade Society led him to donate even more to St. John so Alicia and Michael could become members and utilize the services. “It's



Sally and Walt Cytacki

important to engage more community members, especially younger adults, in being advocates for the hospital and joining the McQuade Society for the assistance it offers; it's a win-win for families and St. John,” Walt said.

Membership reminder

Membership in the McQuade Society is available to our benefactors and most loyal supporters to thank you for your generous, charitable commitment to SJHMC. Beth Carter is available to members 24 hours a day to help navigate your health services to ensure your complete satisfaction when using the hospital.

Please remember services are for members only. You may refer your friends to us for membership if they wish to enjoy member privileges.

Thanks to your assistance, membership in the McQuade Society has grown. When you refer your friends and family, it is the highest compliment to us. To make it easier to share information about how to qualify for McQuade membership, details are located at stjohnprovidence.org/McQuadeSociety and in brochures available from Beth (313-343-4602) or the St. John Health Foundation (313-343-7480).